

Project Title: "Alumbrando el camino/Bright Moments:" A Curriculum for Staff Working with EHS Parents with Depressive Symptoms

Grantee: Linda S. Beeber

Project Funding Years: 2006-2008

University Affiliation

University of North Carolina at Chapel Hill
School of Nursing

Project Abstract: University of North Carolina at Chapel Hill will develop and test a curriculum to assist staff with interventions and support for English-speaking and Spanish-speaking only parents with depressive symptoms in the course of regular Early Head Start (EHS) programs. Participants will include 100 EHS families. Implementation, fidelity and staff, parent and child outcomes will be documented. Parenting and parent-toddler interactions will be assessed 9 months and 12 months post-program participation. Results of the project will include the enhancement of EHS staff's ability to work with parents with depressive symptoms through promotion of parents' positive interactions with their children. It is hoped that through strengthening EHS services with depressed parents and families, more positive child social and emotional outcomes will result, thus allowing a vulnerable population of infants and toddlers to benefit from EHS child enrichment resources.

Sample

N=100 families

Measures

Early Head Start Staff

Attitude Toward Disabled Persons Scale
Reaction Narratives
Videotaped Staff-Parent Interactions
General Self-Efficacy Scale
Social Emotional Competence Form

Parent

Center for Epidemiological Studies-Depression Scales
Parent-Child Observation
Sensitivity Rating (Spiker & Crawley)
Parenting Stress Inventory
Ages and Stages Questionnaire-Social/Emotional, Parent Concern subscale
Parental Report of EHS Involvement
General Self-Efficacy Scale
Family Baseline Questionnaire
Psychological Acculturation Scale

Rand General Health Questionnaire-Short Form

Children

Parent-Child Observation

Ages and Stages Questionnaire-Social/Emotional

Child Health Questionnaire

Child Behavior Checklist, Aggression subscale